



---

## **About 1.800MD:**

1.800MD provides fast and convenient access to quality medical care 24 hours a day, 7 days a week, 365 days a year throughout the United States. 1.800MD saves you and your family time and money as an alternative to non-emergent Emergency Room visits, Urgent Care Clinic visits or the inconvenience of traveling to a scheduled appointment with your Primary Care Physician.

## **How It Works:**

### **Step 1: Activate Membership**

To activate your account, please visit [www.1800md.com](http://www.1800md.com) and choose Member Login. Click the Activate button and enter your Group # & Member # (This can be found on your Membership Card).

Once you are logged into your Member Portal, you will need to complete your quick and easy Health History form. This MUST be completed before requesting a consultation.

### **Step 2: Request a Consultation**

Simply request a consultation straight from your **Member Portal**. (Your basic member information, pharmacy information and symptoms will be noted at this step).

### **Step 3: Talk to a Doctor**

A physician will call you within 1 hour for a diagnosis and if necessary e-prescribe to your pharmacy of choice.

### **Step 4: Continued Care**

Your consultation notes and prescription information can be found on your member portal for you to share with your care coordinator or primary care physician if desired.